The Limitless Leader Program

Workshops + Keynote Catalogue

www.bealimitlessleader.com

Dr. Mary Hemphill

Dr. Mary Hemphill is the CEO of The Limitless Lady, LLC and Founder of The Limitless Leader, a company that helps individuals ignite the leader in themselves so they can better serve their community, company, & personal career. Mary is a Leadership Expert & Coach, K-12 Educator & Administrator, Author, & Inspirational Speaker. With over 15 years of professional experience as a teacher, administrator, state director, & university professor, Mary understands the importance of fusing education, empowerment, & leadership together as she works with learning & working communities & speaks to audiences across the country. She holds a PhD in Leadership Studies, currently teaches as an adjunct at the University of North Carolina at Chapel Hill & has led, coached, & impacted close to 25,000 individuals around the world on transformational & innovative strategy, self-empowerment, & leadership through her Limitless Leader Program. Mary is the author of The One- Minute Meeting: Creating Student Stakeholders in Schools.

Short Header

Helping individuals ignite the leader in themselves so they can better serve their community, company, & personal career.

Leadership Development Coach, North Carolina Director of K-12 Computer Science & Technology Education, Motivational Speaker, & Author

Embracing Racial Equity & Inclusion

Facilitator and Format

Dr. Mary Hemphill | Keynote: 45 minutes or Workshop: 60 to 90 minutes

Summary

Developing leaders & leadership in today's polarized social climate requires intentional & strategic efforts to educate & empower. The impact of racial equity, inclusive practice, & a diverse approach to business is paramount to the success of thriving & innovative organizations that seek to recruit, retain, and sustain their employees & clients in the 21st century. In order to focus on creating new norms & habits now for overall success later, leaders must shift their personal & professional approaches & strategies to glean new momentum for the days, weeks, & months ahead.

Learning Objectives

- Define & develop a holistic understanding of racism in its institutional & structural forms
- Practice strategies for counteracting micro-inequities & implicit bias in the workplace
- Identify examples of unconscious bias & its impact on personal leadership
- Add tools for empathetic leadership to participants' strategic toolboxes

Who Should Attend

- Manager-level and above HR leaders
- Entry-level positions
- Educational stakeholders (i.e. teacher leaders, school leaders, district leaders, etc.)

How Can I Learn More?

- Sign up for a FREE 15-minute workshop/keynote planning session with Dr. Mary

Self-Care & Self-Awareness for 21st Century Leaders

Facilitator and Format

Dr. Mary Hemphill | Keynote: 45-60 minutes or Workshop: 90 minutes to 2 hours

Summary

The 21st century landscape is evolving at a rapid pace for leaders & followers. Now more than ever before the demands on leaders in the public sector are physically, mentally, emotionally, & professionally demanding. In order to perform at one's optimal level one must develop specific strategies & safeguards to protect her/his leadership capacities as well as remain sensitive and responsive to the needs of one's employees.

Learning Objectives

- Learn to identify areas of self-care & self-awareness
- Reflect on current self-care techniques & determine their effectiveness
- Explore blocks to self-care in different areas of our lives & set goals to improve
- Develop strategies for engaging employees affected by mental health issues, trauma, & lack of positive self-care strategies

Who Should Attend

- Manager-level and above HR leaders
- Entry-level positions
- Entrepreneurs/solopreneurs/edupreneurs
- Community leaders

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- Sign up for a FREE 15-minute workshop/keynote planning session with Dr. Mary

Leadership Mindsets to Thrive in a COVID-19 Climate

Facilitator and Format

Dr. Mary Hemphill | Keynote: 45-60 minutes or Workshop: 90 minutes to 2 hours

Summary

As a global society, the pandemic has forever revolutionized the way in which time, space, people, tech, & resources are utilized. In order to focus on creating new norms & habits now for overall success later, leaders must shift their personal & professional approaches & strategies to glean new momentum for the weeks & months ahead. Leaders at every level are standing at the edge of a momentous moment in the Fourth Industrial Revolution where we have a rare & critical opportunity to reimagine leadership structures & strategies that will deeply impact the 22nd century.

Learning Objectives

- Define & develop a deeper sense of their individual impact in a new pandemic culture.
- Learn the importance of practicing conscious consumerism
- Address critical leadership gaps in the areas of diversity, equity, socioeconomics & technology
- Add tools for empathetic leadership to their strategic toolboxes
- Develop a strategic plan for developing 22nd century readiness in one's company and/or community

Who Should Attend

- Manager-level and above HR leaders
- Educational stakeholders (i.e. teacher leaders, school leaders, district leaders, etc.)
- Entry-level positions
- Entrepreneurs/solopreneurs/edupreneurs

How Can I Learn More?

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Next Level Leadership for the Frozen Middle

Facilitator and Format

Dr. Mary Hemphill | Keynote: 45-60 minutes or Workshop: 60 to 90 minutes

Summary

Developing leaders and leadership in today's polarized social climate requires intentional and strategic efforts to educate and empower. The impact of racial equity, political challenges, leadership changes, & transitions in life and work are causing mid-level managers and leaders in the "frozen middle" to communicate and collaborate in new and different ways. In order to focus on creating new norms and habits now for overall success later, leaders must shift their personal & professional approaches to add strategies to their tool sets that help us talk to, engage in, & approach our careers and professional journeys in new and constructive ways.

Learning Objectives

- define & develop a deeper sense of how to communicate individual challenges with the changing climate
- learn the importance of validation & active listening
- add tools for empathetic leadership to their strategic toolboxes
- develop sustainable habits of elevating non-exemplars, negative leadership experiences, and professional trauma as opportunities to grow professionally

Who Should Attend

- Educational stakeholders (i.e. teacher leaders, aspiring school leaders, aspiring district leaders, etc.)
- Entry-level positions

How Can I Learn More?

- Sign up for a FREE 15-minute workshop/keynote planning session with Dr. Mary